



A Life of Discovery: Michael Faraday, Giant of the Scientific Revolution

By Hamilton, James

Random House, 2004. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Acknowledgments Introduction Chapter 1. Before the Start: A Word on Competition and Goals Competition Goals Chapter 2. The Sailing Team The Tactical Team The Trimming Team The Foredeck Team Race Day Routine Individual Crew Assignments On Posture, Clothing, Attitude--and Looking Good The View from the Rail Chapter 3. The Art of Calling Tactics Establish the Tactician's Role Expand the Tactician's Duties Fine-Tune Your Tactical Technique Onboard Tools and References The Tactician and Leadership Control the Yelling Overcoming Emotions When Behind Chapter 4. Strategy at the Start Reading the Wind Choosing the Best Side of the Course Fast Starts Chapter 5. After the Start: Windward and Downwind Tactics Windward Tactics Downwind Tactics The Mechanics of Mark Roundings Passing Light-Wind Tactics Fast Finishes Chapter 6. Racing at Night Instruments to Gauge Performance Safety The Watch System Chapter 7. The Race Committee, Rules, and Protests The Race Committee The Racing Rules Protests Chapter 8. Trim for Speed Tuning and Balance Speed Tips Chapter 9. Steer for Speed Assume the Position Getting in the Groove Chapter 10. Maneuvering for Advantage Tacking Jibing Catch a Wave or a...



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